HIDDEN MANNA DEVOTIONAL COLLECTION

Be Still: Finding Peace and Stillness in God's Presence

A One-Day Devotional for Peace, Rest & Trust

Hidden Manna Hub Reflections

Created with Hidden Manna Hub

Welcome

> *“Thy word is a lamp unto my feet, and a light unto my path.”*
> ***Psalm 119:105 KJV***

Take a quiet moment to step away from the noise and rest in God’s presence. As you read, reflect, pray, and write, allow His Word to remind you that you are never alone and that His peace is available even in the midst of uncertainty.

HOW TO USE THIS DEVOTIONAL

Read the Scripture slowly. Consider the devotional thought. Answer the reflection prompt, then close with prayer.

DAY 1

Be Still and Know

> *“Be still, and know that I am God: I will be exalted among the heathen, I will be exalted in the earth.”*
> ***Psalm 46:10 KJV***

DEVOTIONAL

There are moments when the heart needs permission to stop striving. Psalm 46:10 invites us to be still and remember that God is God. Stillness does not mean every problem has disappeared. It means choosing to quiet the worries competing for your attention and turning your focus back to the Lord. In His presence, you can breathe, surrender what you cannot control, and remember that His faithfulness does not change with your circumstances.

REFLECT

What are you carrying today that God is inviting you to release? Where do you need to stop striving, become still, and trust that He is present and in control?

PRAYER

Father, quiet my heart and help me become still in Your presence. I surrender the worries, questions, and burdens I have been trying to carry on my own. Remind me that You are God, You are near, and You are in control. Help me release what I cannot change and trust Your faithfulness with what comes next. Fill my heart with Your peace, steady my thoughts, and teach me to rest in You today. In Jesus’ name, Amen.